

HEALTH OFFICE INFORMATION

1. MEDICATION

If ever your child needs to be given medication during school hours all steps listed below must be followed. In order to protect your child, no exceptions can be made.

- A. School nurse must have medication permission slips on file from the parent/guardian **and** from the prescribing physician. These forms are available in the Health Office.
- B. The request must indicate diagnosis, name of the medication and the time and dosage to be administered.
- C. The medication must be delivered directly to the Health Office by a parent/guardian only. Medication **may not** be brought to school by the student. This also includes non-prescription medication, i.e., Tylenol. The school nurse will notify the parent/guardian one week before the medication supply will be exhausted so that a new supply may be brought to school by the parent/guardian.
- D. All medication, including prescription and non-prescription medications, **MUST** be in the original bottle. Prescription medications must be properly labeled by a registered pharmacist.
- E. If your child will be taking medication in school, please submit a small photo of your child. This is especially important for the occasion when a substitute is in the Health Office.
- F. Please make the school nurse aware if your child takes medication at home.

2. ILLNESS

- A. If your child has a fever, please keep him/her home from school until his/her temperature is normal for twenty-four hours.
- B. Please notify the Health Office of all cases of communicable diseases, i.e. chicken pox, strep throat, conjunctivitis (pink eye), lice, fifth's disease. Children on antibiotics may not return to school until they are on medication for **twenty-four hours**.
- C. Please make arrangements to have your child picked up promptly when you are notified by the nurse that your child is sick.

3. PHYSICAL EDUCATION AND SPORTS

- A. If your child becomes injured and cannot participate in physical education or sports, you must submit a physician's note regarding the injury.
- B. Once the student is able to return, you must submit a current doctor's note indicating the student's ability to return to physical education and sports.
- C. Should your child require crutches for the injury, a note for the use of crutches in school is required.
- D. Seventh and eighth graders may participate in sports. A **current and complete** sports physical is required and is good for one year from date of exam.
- E. For **EACH** sport that your child would like to participate in, a Health History Form and a Parental Permission Form must be completed and brought to the Health Office. These forms along with the completed Physical Form are due at least **TWO WEEKS** prior to the tryout dates. Both forms are available in the Health Office.